

# October 2016 All Saints Academy Elementary Menu

## LUNCH



### \*Munchable Lunch

Ham Cubes  
Cheese Cubes  
or String Cheese  
and a roll

### Lunch Price

Student: \$2.65  
Adult: \$3.60  
Reduced: \$.40  
Milk or Juice: \$.50



Both Lunch Choices also include choice of one:  
Milk (Chocolate or White) or Juice  
A 2<sup>nd</sup> Milk or Juice will result in a \$.50 additional



### Monday

**A.** Garlic Twist Breadsticks  
w/ meat sauce  
**B.** Munchable Lunch  
**Side Items:** Baby Carrots,  
Green Peas & Pears

### Tuesday

**A.** Mini Cheeseburger **4**  
**B.** Munchable Lunch  
**Side Items:** Cucumber Slices,  
Cauliflower & Peaches

### Wednesday

**A.** Chicken Rings **5**  
**B.** Munchable Lunch  
**Side Items:** Fries, Corn  
& Applesauce

### Thursday

**A.** Mini Corn Dogs **6**  
**B.** Munchable Lunch  
**Side Items:** Curly Fries,  
Baby Carrots & Fruit Cocktail

### Friday

**A.** Mini Pancakes **7**  
w/ sausage patty  
**B.** Munchable Lunch  
**Side Items:** Broccoli,  
Cucumber & Orange Slices

**A.** Stuffed Crust Pizza **10**  
**B.** PB & J Sandwich  
w/ a cheese stick  
**Side Items:** Baby Carrots,  
Broccoli & Pears

**A.** Alfredo Macaroni **11**  
w/ a roll  
**B.** PB & J Sandwich  
w/ a cheese stick  
**Side Items:** Cucumber, Green  
Peas & Peaches

**A.** Cheese Bread **12**  
w/ meat sauce  
**B.** PB & J Sandwich  
w/ a cheese stick  
**Side Items:** Broccoli, Baby  
Carrots & Fruit Cocktail

**A.** French Toast Sticks **13**  
w/ sausage patty  
**B.** PB & J Sandwich  
w/ a cheese stick  
**Side Items:** Cauliflower,  
Cucumber & Orange Slices

**A.** Chicken Nuggets **14**  
**B.** PB & J Sandwich  
w/ a cheese stick  
**Side Items:** Hash brown  
Triangle, Broccoli & Applesauce

**A.** Small Pan Pizza **17**  
**B.** Turkey Wrap  
**Side Items:** Baby Carrots,  
Cucumbers & Pears

**A.** Hot Dog on a bun **18**  
**B.** Turkey Wrap  
**Side Items:** Smiley Fries,  
Broccoli & Peaches

**A.** Mini Waffles **19**  
w/ a sausage patty  
**B.** Turkey Wrap  
**Side Items:** Baby Carrots,  
Cauliflower & Fruit Cocktail

**A.** Macaroni & Cheese **20**  
w/ a roll  
**B.** Turkey Wrap  
**Side Items:** Cucumber, Green  
Peas & Orange Slices

**A.** Chicken Patty **21**  
on a bun  
**B.** Turkey Wrap  
**Side Items:** Fries, Corn &  
Applesauce

**A.** Sausage Pizza **24**  
**B.** Ham & Cheese Bagel  
**Side Items:** Broccoli, Baby  
Carrots & Pears

**A.** Quesadilla **25**  
**B.** Ham & Cheese Bagel  
**Side Items:** Black Beans,  
Salsa & Peaches

**A.** Grilled Cheese **26**  
**B.** Ham & Cheese Bagel  
**Side Items:** Sweet Potato  
Fries, Broccoli & Fruit Cocktail

**A.** Mini French Toast **27**  
w/ sausage patty  
**B.** Ham & Cheese Bagel  
**Side Items:** Cucumber Slices,  
Broccoli & Orange Slices

**1/2** **28**  
**Day**

**A.** Garlic Twist Breadsticks **31**  
w/ meat sauce  
**B.** Munchable Lunch  
**Side Items:** Baby Carrots,  
Green Peas & Pears



All breads, tortillas, buns  
and other bread items  
used are  
whole grain rich



This institution is an  
equal opportunity provider.  
Please call 363-7725  
with question or comments.

# OCTOBER 2016

## All Saints Academy Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>A.</b> Stuffed Crust Pizza <b>B.</b> PB & J Sandwich w/ a cheese stick <b>Side Items:</b> Baby Carrots, Broccoli & Pears	<b>4</b> <b>A.</b> Alfredo Macaroni w/ a roll <b>B.</b> PB & J Sandwich w/ a cheese stick <b>Side Items:</b> Cucumber, Green Peas & Peaches	<b>5</b> <b>A.</b> Cheese Bread w/ meat sauce <b>B.</b> PB & J Sandwich w/ a cheese stick <b>Side Items:</b> Cucumber, Green Peas & Peaches	<b>6</b> <b>A.</b> Chicken Nuggets <b>B.</b> PB & J Sandwich w/ a cheese stick <b>Side Items:</b> Hash brown Triangle, Broccoli & Applesauce	<b>7</b> <b>A.</b> French Toast Sticks w/ a sausage patty <b>B.</b> PB & J Sandwich w/ a cheese stick <b>Side Items:</b> Cauliflower, Cucumber & Orange Slices
<b>10</b> <b>A.</b> Small Pan Pizza <b>B.</b> Turkey Wrap <b>Side Items:</b> Baby Carrots, Cucumber & Pears	<b>11</b> <b>A.</b> Hot Dog <b>B.</b> Turkey Wrap <b>Side Items:</b> Waffle Fries, Broccoli & Peaches	<b>12</b> <b>A.</b> Macaroni & Cheese w/ a roll <b>B.</b> Turkey Wrap <b>Side Items:</b> Cucumber, Green Peas & Orange Slices	<b>13</b> <b>A.</b> Mini Waffles w/ sausage patty <b>B.</b> Turkey Wrap <b>Side Items:</b> Baby Carrots, Cauliflower & Fruit Cocktail	<b>14</b> <b>A.</b> Chicken Patty on a bun <b>B.</b> Turkey Wrap <b>Side Items:</b> Fries, Corn & Apple sauce
<b>17</b> <b>A.</b> Big Daddy's Pizza Pepperoni or Cheese <b>B.</b> Ham & Cheese Bagel <b>Side Items:</b> Broccoli, Baby Carrots & Pears	<b>18</b> <b>A.</b> Quesadilla <b>B.</b> Ham & Cheese Bagel <b>Side Items:</b> Black Beans, Salsa & Peaches	<b>19</b> <b>A.</b> Grilled Cheese <b>B.</b> Ham & Cheese Bagel <b>Side Items:</b> Sweet Potato Fries, Broccoli & Fruit Cocktail	<b>20</b> <b>A.</b> Mini French Toast w/ sausage patty <b>B.</b> Ham & Cheese Bagel <b>Side Items:</b> Cucumber Slices, Broccoli & Orange Slices	<b>21</b> <b>A.</b> Chicken Tenders <b>B.</b> Ham & Cheese Bagel <b>Side Items:</b> Tator Tots, Green Beans & Applesauce
<b>24</b> <b>A.</b> Beef Soft Taco w/ refried beans & chips <b>B.</b> Yogurt & a Muffin <b>Side Items:</b> Romaine Lettuce, Salsa & Apples	<b>25</b> <b>A.</b> Big Daddy's Pizza (Sausage or Cheese) <b>B.</b> Yogurt & a Muffin <b>Side Items:</b> Broccoli, Baby Carrots & Peaches	<b>26</b> <b>A.</b> Breakfast Bagel (Bacon, Egg & Cheese) <b>B.</b> Yogurt & a Muffin <b>Side Items:</b> Tater Tots, Cucumber Slices & Orange Slices	<b>27</b> <b>A.</b> Popcorn Chicken <b>B.</b> Yogurt & a Muffin <b>Side Items:</b> Ranch Potato Wedges, Cucumber Slices & Pears	<b>28</b> $\frac{1}{2}$ <b>Day</b>
<b>31</b> <b>A.</b> Mini Corn Dogs <b>B.</b> Ham, Turkey & Cheese Sliders <b>Side Items:</b> Curly Fries, Baby Carrots & Fruit Cocktail		All breads, tortillas, buns and other bread items used are whole grain rich		<b>Lunch Prices:</b> Grades 4 & 5: \$2.65 Grades 6-8: \$2.70 Adult: \$3.60 Reduced : \$.40 Milk or Juice: \$.50

### All Lunches include one:

**Milk**  
(chocolate or white)

or

**Juice**  
(Apple, Orange or Fruit Punch)

A 2<sup>nd</sup> Milk or Juice choice will result in an additional \$.50 charge

and

**The Fruit and Veggie Bar**

which includes many fresh and canned options including:

**Romaine Lettuce, Celery, Baby Carrots, Cucumber, Tomatoes, Broccoli, Cauliflower, Apple, Oranges, Peaches, Pears, Applesauce And many more!**

Menu is subject to Change without notice